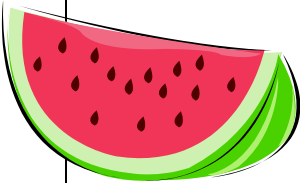




July 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>The first cookbook published in the US in 1776 contained a recipe for watermelon rind pickles.</p> <p>By weight, watermelon is the most-consumed melon in the US.</p> <p>Watermelon is 92% water</p>		<p>¹</p> <p>BBQ Chicken Watermelon</p> <p>Servers: Canby Police Department</p>	<p>²</p> <p>Meatloaf Baker's Choice</p> <p>Servers: LDS Missionaries</p>	<p>³</p>
<p>⁴</p> <p>Independence Day</p>	<p>⁵</p> <p></p> <p>CENTER CLOSED TODAY</p> <p>Have a Safe Holiday</p>	<p>⁶</p>	<p>⁷</p> <p>Salisbury Steak Carrot Cake</p> <p>Servers: Extra Group</p>	<p>⁸</p> <p>Deli Ham & Cheese Wrap Butterscotch Pudding</p> <p>Servers: Canby American Legion Auxiliary</p>	<p>⁹</p> <p>Oriental Chicken Baker's Choice</p> <p>Servers: Zion Mennonite</p>	<p>¹⁰</p>
<p>¹¹</p>	<p>¹²</p> <p>Pork Loin Walnut Bar</p> <p>Servers: LDS Church 2nd Ward</p>	<p>¹³</p>	<p>¹⁴</p> <p>Weiner Wrap Cantaloupe</p> <p>Servers: Zoar Lutheran Church</p>	<p>¹⁵</p> <p>Baked Chicken Applesauce Cake</p> <p>Servers: Extra Group</p>	<p>¹⁶</p> <p>Beef Stroganoff Baker's Choice</p> <p>Servers: LDS Missionaries</p>	<p>¹⁷</p>
<p>¹⁸</p>	<p>¹⁹</p> <p>Lasagna Lime Jell-O Cake</p> <p>Servers: LDS Church 1st Ward</p>	<p>²⁰</p>	<p>²¹</p> <p>Chicken & Dumplings Sliced Peaches</p> <p>Servers: Extra Group</p>	<p>²²</p> <p>Tuna Sandwich Almond Sugar Cookies</p> <p>Servers: New Life Four-Square Church</p>	<p>²³</p> <p>Ham Loaf Baker's Choice</p> <p>Servers: TOPS</p>	<p>²⁴</p>
<p>²⁵</p>	<p>²⁶</p> <p>Honey Mustard Chicken Cantaloupe</p> <p>Servers: United Methodist Church</p>	<p>²⁷</p>	<p>²⁸</p> <p>Wheat Berry Chicken Salad Peanut Butter Bar</p> <p>Servers: Extras</p>	<p>²⁹</p> <p>Spaghetti Fresh Fruit</p> <p>Servers: Extras</p>	<p>³⁰ Birthday Celebration</p> <p>Roast Pork Birthday Cake</p> <p>Servers: Extras</p> <p><small>*Provided by Regence Blue Cross</small> </p>	<p>³¹</p>