



Activities—February 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 Senior Fitness 10:00 Foot Clinic 10:00 Blood Pressure Clinic 10:30 Sit & Be Fit 11:00 <i>Music-Ida & Friends</i> 1:00 Bridge	2 Ground Hog's Day 10:00 TOPS 10:00 Handiwork 1:00 Pinochle 1:00 BINGO	3 9:00 Foot Clinic 10:30 Senior Fitness 1:00 Movie Day: Time Life's Tibet: The End of Time	4 10:30 Sit & Be Fit 1:00 Bunco 1:00 Providence Presentation	5 9:30 Painting Class 10:30 Senior Fitness 1:00 Pinochle	6
7	8 9:30 Senior Fitness 10:00 Foot Clinic 10:30 Sit & Be Fit 11:30 Living Healthy Info. Presentation 11:00 <i>Music- Ida & Friends</i> 1:00 Bridge	9 10:00 TOPS 10:00 Handiwork 1:00 Pinochle 1:00 BINGO	10 10:30 Senior Fitness 11:00 Special Music Bob Cooperrider 1:00 Legal Assistance 1:00 Board Meeting 1:00 Movie Day: March of the Penguins	11 10:30 Sit & Be Fit 1:00 Bunco	12 9:30 Painting Class 10:30 Senior Fitness 1:00 Pinochle	13
14 Happy Valentine's Day	15 CENTER CLOSED TODAY OBSERVING PRESIDENT'S DAY	16 10:00 TOPS 10:00 Handiwork 1:00 Pinochle 1:00 BINGO	17 10:00 Newsletter Folders 10:30 Senior Fitness 1:00 Movie Day: Hidden Treasures of America's National Parks 3:00 Tai Chi Class Begins	18 10:30 Sit & Be Fit 1:00 Bunco	19 9:30 Painting Class 10:30 Senior Fitness 1:00 Pinochle	20 IWO JIMA BREAKFAST
21	22 9:30 Senior Fitness 10:00 Foot Clinic 10:00 Blood Pressure Clinic 10:30 Sit & Be Fit 11:00 <i>Music-Ida & Friends</i> 1:00 Bridge	23 10:00 TOPS 10:00 Handiwork 1:00 Pinochle 1:00 BINGO	24 10:00 HealthNet Presentation 10:30 Senior Fitness 11:00 Special Music Bob Cooperrider 1:00 Movie Day: Discovery Movie— Battle of the Alamo 3:00 Tai Chi Class #2	25 10:30 Sit & Be Fit 1:00 Bunco	26 9:30 Painting Class 12:00 Birthday Celebration 10:30 Senior Fitness 1:00 Pinochle	27
28	March 1	March 2	March 3	March 4 9:30 Living Healthy Workshop 10:30 Sit & Be Fit 1:00 Bunco	March 5	6